



The Nursery on the Green

'Friday Flyer'

Friday 7th September 2012

New menu

Week Beg: 10th September 2012	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereals and Toast	Scrambled eggs on wholemeal toast	Cereals and Toast	Beans on toast	Cereals and Toast
Snack	Melon slices	Raisins and apple slices	Breadsticks with cream cheese	Diced cheese with cucumber batons	Seasonal fruit smoothie
Lunch	Turkey bolognaise with fresh green salad	Poached chicken with lemon sauce and cous cous	Courgette and roasted vegetable lasagne topped with sliced tomatoes and fresh oregano	Minced beef and onion casserole with mash potato and peas	White fish curry with basmati rice and nann bread
Vegetarian	Vegetable bolognaise	Poached quorn fillet with cous cous	same	Minced soya and onion casserole, mashed potato and peas	Vegetable curry
Vegan	Vegetable bolognaise	Stuffed courgette with cous cous	Same	Minced soya and onion casserole,	Vegetable curry
Non Dairy	Turkey bolognaise	Poached chicken with cous cous	Same	Minced beef and onion casserole	White fish curry
Pudding	Apple crumble with or without custard	Peaches with peach coulis sauce	Banana mousse or sliced banana	Fruit cocktail with or without fromage frais	Sliced poached pears with natural yoghurt
Tea	Selection of freshly made sandwiches	Carrot and coriander soup topped with croutons	Jacket potato topped with tuna mayonnaise	Homemade hummus with carrot batons and pitta bread and chopped tomatoes	Artichoke and green pepper wrap with salad
Vegetarian	Cheese sandwich	Same	Jacket potato topped with cheese	Same	Same
Vegan	Salsa dip with carrot batons	Same	Jacket potato with salad	Same	Same
Non Dairy	Ham sandwich	Same	Jacket potato with salad	Same	Same



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Welcome Back!

It has been a very busy week in the nursery with lots of children settling back in and new children starting. Everyone has been very happy to see their friends. The planning will be displayed outside the rooms for you to see, please do speak to a member of staff if you have any questions.

Harvest Festival

Next week the children will be learning about Harvest Festival. The children will be taking part in a wide range of activities to learn about farming, collecting food and giving to people in need.

We would be very grateful for your donations which will be taken to St Michaels and All Angels Church in Blackheath. They take all the collections to London Bridge Mission.

We would appreciate any tinned food, tea, coffee, chocolate or packed soups. They also need toothbrushes and shaving equipment.

Please do not bring in any fresh fruit or vegetables.

The children in the Sunshine Room will be visiting the church on Tuesday 18th September to learn more about the work that they do and deliver all your donations. Thank you for support.

Do you have??

To support the children's learning we would like to make a scarecrow in the garden. Do you have any old adult clothes – shirt, trousers, hat etc that you might find on a scarecrow? A list will be displayed in the hallway next week of items that we need. If you have any of the items on the list that you could give to the nursery, please sign your name against the item and bring it to nursery. The activity will be a lot of fun for the children and will look great in our sensory garden. Thank you for your help.

Missing jumper

Has anyone taken home a bright stripy jumper which belongs to a child in the Treetops room? This jumper is very special and is important for sentimental reasons. If you have taken it home by mistake please return it to the nursery office.

Kind regards
Sarah, Anneli and all the staff