



The Nursery on the Green

'Friday Flyer'

Friday 26th April 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Oat biscuits and sliced banana	Diced cheese and sliced apple	Breadsticks with cheese spread and satsuma	Toasted fruit loaf and sliced banana	Melba toast and spread with fruit
Lunch	Tuna, sweetcorn and asparagus penne pasta in tomato and basil sauce Sliced strawberry with natural yoghurt and strawberry coulis sauce	Roast chicken, roast potatoes with broccoli and carrots Jam sponge and custard	Lamb and apricot curry with basmati rice and naan bread Fruit jelly with raspberries, blackberries and natural yoghurt	Chicken and vegetable cake with new potatoes and green beans Rhubarb crumble and custard	Roasted root vegetable and lentil casserole with mashed potato and peas Fruit and yoghurt
Vegetarian option	Sweetcorn and asparagus penne pasta in tomato and basil sauce	Stuffed flat mushrooms with roast potatoes, carrots and broccoli	Vegetable and apricot curry with basmati rice and naan bread	Vegetable and potato cakes with new potatoes and green beans	Same
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Sandwiches with a variety of fillings	Carrot and coriander soup with bread and butter	Toasted crumpets with baked beans.	Wholemeal roll with salmon and cucumber or cheese.	Sandwiches with a variety of fillings



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Sunshine Room

The children will be visiting the Royal Observatory in Greenwich to support their interest in space and their book of the week. This is a wonderful place to visit and the children will have a wonderful time.

New Artist

We would like to welcome Helen to the nursery who is our new artist. She has worked at the nursery before and we look forward to learning lots of new skills with her.

Helen will be based in Treetops Room at present but will be rotating around the nursery throughout the year so that all the children have the opportunity to work with her. Helen is a trained teacher and an artist who specialises in ceramics and 3D work. We are buying a kiln so that the children will have the chance to produce work using fired clay as well as air drying clay.

Sunscreen and sunhats!

Now that the weather is (hopefully!) changing the children will need to bring sunscreen into nursery for the staff to regularly apply during the day.

Sunscreen only had an effective shelf life of 12 months so all the children need new sunscreen in nursery for this year. The nursery has a 'sunsafe' policy which you are welcome to read. Please speak to Sarah if you would like to read it and she will photocopy it for you.

Please apply sunscreen to your child before coming to nursery on a sunny day. We will assume that you have done this as a starter point for the day. We will then apply sunscreen regularly throughout the day and will keep a register to show you when it has been applied.

It is also very important that your child has a named hat in nursery to protect them. If you require any further information please do not hesitate to speak to Sarah, Lynne or Sam.

Summer nursery shoes.

All shoes that the children wear while in nursery must have a secure ankle strap as the children are climbing, jumping and generally very physically active when in nursery. For this reason, **we do not allow children to wear 'clogs' or similar shoes in nursery for safety reasons. We also do not allow them to wear 'flip flop' type shoes.** We discourage open toe sandals because sometimes children accidentally tread on another child's toes when playing.

All shoes with a secure ankle strap are suitable and preferably with closed toes.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff