



The Nursery on the Green

'Friday Flyer'

Friday 17th May 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Sliced banana with raisins and rice cakes.	Satsumas with breadsticks and hummus	Sliced melon with cucumber batons and oat biscuit.	Toasted fruit loaf with sliced apple.	Melba toast and spread with fruit
Lunch	Spagetti bolognese with organic vegetables. Sliced strawberry with natural yoghurt and strawberry coulis sauce	Cod and haddock mornay with peas, carrots and new potatoes. Summer berry pudding with natural yogurt.	Chicken and mushroom pie with potatoes and peas and sweetcorn. Pineapple upside down cake with custard.	Lamb, lentil and vegetable curry with basmati rice and naan bread Jelly with fresh fruit.	Vegetable lasagne with French bread chopped fresh salad. Fruit flan with yogurt and honey
Vegetarian option	Mince soya with onion and mushroom bolognese.	Stuffed flat mushrooms with roast potatoes, carrots and broccoli	Stuffed courgette with potatoes and vegetables.	Cauliflour and sweet potato curry with apricots and rice.	Same
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Toasted crumpets with baked beans.	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Homemade pizza slices with cakes.	Sandwiches with a variety of fillings with cucumber, tomatoes and cheese.



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New Kiln for Nursery!

We have bought a kiln to be used for the children's creative work with Helen, our artist. This will really enhance the quality of the children's work. This type of clay is much easier for them to work with than the air-dry variety and we are very much looking forward to showing you the pieces that they will be creating!

Come and read

Would you be available to come to read to the children – either on a regular or one-off basis? If you speak any additional languages we would also be very pleased for you to come and read and 'chat' with the children. This would enhance their learning about diversity within our community. We would be particularly keen to hear from any Dads who would be available. If you are able to help please speak to either Sarah, Sam or Lynne, thank you.

Summer nursery shoes.

All shoes that the children wear while in nursery must have a secure ankle strap as the children are climbing, jumping and generally very physically active when in nursery. **For this reason, we do not allow children to wear 'croc's' or similar shoes in nursery for safety reasons. We also do not allow them to wear 'flip flop' type shoes.** We discourage open toe sandals because sometimes children accidentally tread on another child's toes when playing. All shoes with a secure ankle strap are suitable and preferably with closed toes.

Sunscreen and sunhats!

Now that the weather is (hopefully!) changing the children will need to bring sunscreen into nursery for the staff to regularly apply during the day. Sunscreen only had an effective shelf life of 12 months so all the children need new sunscreen in nursery for this year. The nursery has a 'sunsafe' policy which you are welcome to read. Please speak to Sarah if you would like to read it and she will photocopy it for you.

Please apply sunscreen to your child before coming to nursery on a sunny day. We will assume that you have done this as a starter point for the day. We will then apply sunscreen regularly throughout the day and will keep a register to show you when it has been applied.

It is also very important that your child has a named hat in nursery to protect them. If you require any further information please do not hesitate to speak to Sarah, Lynne or Sam.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff