



# The Nursery on the Green

## 'Friday Flyer'

Friday 5<sup>th</sup> July 2013

### New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Fresh fruit, bread sticks	Sliced apple raisins	Toasted fruit loaf and sliced banana	Rice cakes with satsumas	Fresh fruit, breadsticks
<b>Lunch</b>	Vegetable pasta  Fresh fruit salad, Blueberries, raspberries, strawberries	Chinese chicken noodles  Sponge cake	Fish cakes, new potatoes and mixed vegetables  Fruity yoghurt	Chilli-con-carne Rice  Fresh fruit salad – banana, raspberries, blueberries	Chicken goujons, mashed potato, beans  Homemade fruit pie
<b>Vegetarian option</b>	same	Vegetable noodles	same	Vegetable curry and rice	Fish sticks, mashed potato, beans
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Croissant, cheese, salad	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Cheesy muffins	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.

### Summer Fete

The summer fete will be held on Wednesday 14<sup>th</sup> August from 3.00 p.m. to 5.00 p.m. in the nursery garden.

We are making lots of preparations for the event.

Please don't forget to bring in any clothes or toys that your children no longer need!

### Help!

Are any parents available to help with the summer fete? If so we would be extremely grateful for your time. Please let a member of staff know and we will give you details of the event.

Thank you.



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## *'Friday Flyer'*

### **4<sup>th</sup> July**

The children enjoyed a lovely lunch in the nursery garden celebrating the 4<sup>th</sup> July. They happily tucked into BBQ chicken, potato wedges and beans and a colourful red, white and blue (raspberries, banana and blueberries) pudding! The children fully enjoyed their outdoor experience.

### **Rainbow Room**

The babies will thoroughly enjoy their sensory activities this week experimenting with a wide range of foods such as banana and oats. Look out for the photographs of some very sticky babies this week!

### **Treetops Room**

The theme is very much 'Transport' in the toddler room this week! Look out for new displays, short trips to the park to watch the traffic and develop their language and lots of photographs.

### **Sunshine Room**

The children will be starting their 'Hawaiian' theme next week. Look out for palm trees, birds of paradise and tropical flowers. Don't be surprised if your child comes home singing a few Elvis songs!

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff