



# The Nursery on the Green

## 'Friday Flyer'

Friday 12<sup>th</sup> July 2013

### New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Fresh fruit, bread sticks	Sliced apple raisins	Toasted fruit loaf and sliced banana	Rice cakes with satsumas	Fresh fruit, breadsticks
<b>Lunch</b>	Pinwheel pasta with ratatouille and garlic bread  Strawberries and ice-cream	Fish pie topped with mashed potato  Banana sponge cake	Lamb curry with couscous  Fresh fruit salad, Blueberries, raspberries, strawberries	Sausages, new potatoes and beans  yoghurts	Jerk chicken, rice and peas and baby corn  Fresh fruit salad – banana, raspberries, blueberries
<b>Vegetarian option</b>	same	Quorn fillet, mash and vegetables	Vegetable curry with couscous	Quorn sausage,	Stuffed pepper and baby corn
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Beans on toast	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	pizza	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.



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### **Summer Fete**

We would love to take any toys, clothes or baby goods that are a good quality and that you no longer need off your hands! Please leave any items in the office. Thank you.

### **Help!**

Are any parents available to help with the summer fete? If so we would be extremely grateful for your time. Please let a member of staff know and we will give you details of the event.

Thank you.

### **Splash Day**

The children had a marvellous time splashing in the paddling pools and squealed with delight as they were sprayed with the hose! There were lots of very excited children at the end of the day as they told their Mummies and Daddies all about it!

### **Parents Evening**

The evening will be held on Thursday 1<sup>st</sup> August and will be an opportunity to meet other parents, drink a cool glass of Pimms and take part in a fabulous Auction! There have been some wonderful gift donations to bid for, organised by Catherine (Edwards Mummy) and Lynne for which we are very grateful. Time sheets will be posted outside your child's room next week to sign to meet your child's room leader.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff