



# The Nursery on the Green

## *'Friday Flyer'*

**Friday 6th September 2013**

### New menu

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Fresh fruit, bread sticks	Sliced apple raisins	Toasted fruit loaf and sliced banana	Rice cakes with satsumas	Fresh fruit, breadsticks
<b>Lunch</b>	Chilli-con-carne, rice and vegetables  Bananas and custard	Fish pie and vegetables  Fresh fruit and yoghurt	Quorn pasta bake and vegetables  Fresh fruit and yoghurt	Chicken casserole and boiled potatoes  Apple crumble and custard	Steak, mushroom and onion pie topped with puff pastry, roast potatoes  Fresh fruit and yoghurt
<b>Vegetarian option</b>	Vegetables with rice	same	same	Vegetable casserole	Stuffed mushroom with roast potatoes
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Beans on toast	Pitta bread with a variety of fillings, tomatoes, cucumber and cheese.	Cheese on toast	Wraps with a variety of fillings, tomatoes, cucumber and cheese.



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### **Welcome Back!**

It is lovely to see the children back in nursery this week. They have been very busy settling into their rooms and routines and making new friends. We would like to welcome some new children to the nursery Marley, George, Jenna, Asees, Amy, Marlowe, Oliver, Guilietta and Amelia. They have recently started at the nursery and are settling in very well.

### **Nursery Cook**

Jane, the new cook has started this week and has cooked some lovely meals for the children. If you would like to speak to her or ask a question please do let Anneli or Sam know.

### **Sunshine Room**

Unfortunately, the Dali exhibition has finished at the Tate Modern. However, the children will visit a gallery on the 17<sup>th</sup> of September but we will give you more information about this next week.

### **Contact Books**

We hope that you like the new contact books in the Treetops and Sunshine Rooms. Some comments made in the Parent Feedback Questionnaires suggested that the contact books were not giving the information that you needed. Therefore, we have changed the format so that they are clear and easy to read. We would be very grateful if you would also write a comment in the book about your child's evening or weekend so that we could discuss this with your child. If you are unable to write a full comment please do sign the sheet to acknowledge that you have read the comments. Thank you.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff