



The Nursery on the Green

'Friday Flyer'

Friday 4th October 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Fresh fruit, bread sticks	Sliced apple raisins	Toasted fruit loaf and sliced banana	Rice cakes with satsumas	Fresh fruit, breadsticks
Lunch	Spaghetti Bolognaise Fruity Sponge and custard	Chicken noodles with garlic bread Apple crumble	Fish pie topped with mashed potatoes Fresh fruit salad and yoghurt	Chillie-con-carne with rice Semolina and fruit compote	Sweet potato jackets with homemade chicken goujons and sweetcorn Fresh fruit salad with yoghurt
Vegetarian option	Quorn mince spaghetti bolognaise	Quorn chicken noodles	Vegetable pasta	Savoury vegetable rice	Quorn chicken goujons with sweet potato jackets
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Wraps with a variety of fillings, tomatoes, cucumber and cheese.	Beans on toast	Mini bread rolls with a variety of fillings, tomatoes, cucumber and cheese.	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Cheese on toast



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Happy Birthday Nursery!

The nursery celebrated its 9th birthday today! The children enjoyed their party food and singing happy birthday to the nursery. They also enjoyed a lovely cake made by Rose our old cook! Thank you Rose.

The nursery has changed enormously since it first opened, but the cosy family feel remains to this day due to the support of all our wonderful parents.

Cycle Ride and Push! 10.00 am in Sutcliffe Park.

The day has almost arrived for us to get lots of exercise and enjoy a lovely ride or walk around the park. Thank you so much to all of you that are coming. Your support is very much appreciated.

Don't forget to wear suitable protective clothing. If there are any mishaps along the way, each corner of the park will have a member of staff with a 1st aid kit. There will be a main desk where you will register on entry to the park which will have a full 1st aid kit.

Registration – you will need to sign-in at the main desk and collect a 'stamp card'. This will be stamped by a member of staff on each corner of the park to show that you have completed the course. The staff will be holding a flag to indicate who they are. You will then need to sign-out at the desk and receive a certificate for completing the course.

The registration desk will be located on the corner of the park closest to the nursery. To the right of the children's play park.

The weather man promised that it will be a fine day on Saturday so we very much look forward to seeing you there.

Denim Jacket

Has anyone seen or 'picked-up' by mistake a dark blue denim jacket. It is very missed and it's owner would be very grateful for a safe return.
Thank you.

We hope you all have a lovely weekend.
Kind regards
Sarah, Anneli and all the staff