



# The Nursery on the Green

## 'Friday Flyer'

Friday 18th October 2013

### New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, toasted crumpets with choice of spreads	Choice of wholegrain cereal, toasted fruit bread with choice of spreads
<b>Mid-morning snack</b>	Fresh fruit, Oat biscuits	Fresh fruit and breadsticks	Banana and melon fingers	Melba toast and fresh fruit	Breadsticks and hummous
<b>Lunch</b>	Beef stew with crusty bread  Fresh fruit and yoghurt	Jacket potatoes with a range of fillings, cheese, beans, tuna mayonnaise and sweetcorn.  Banana and custard	Spinach and chickpea curry with rice  Natural yoghurt and stewed apple	Fish pie topped with mashed potatoes with broccoli and carrots  Rice pudding	Cottage pie with carrots and broccoli  Fruit crumble
<b>Vegetarian option</b>	Bean stew and crusty bread	same	same	Stuffed mushroom with mached potato and vegetables	Quorn pie with mashed potato and vegetables
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Muffins with a variety of fillings, tomatoes, cucumber and cheese.	Pita bread with hummous and salad	Cheese on toast	Bagels with cheese and salad	Vegetable soup with crusty bread



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### **Cycle Ride**

Thank you to all the families that came to Sutcliffe Park to take part in our cycle ride and push. It was a lovely morning and everyone had lots of fun.

So far we have raised an amazing £437.00!! This will help us begin to develop the grass. If you have not yet returned your sponsorship form please could you return it in your child's book bag by the end of next week? Thank you.

We are very grateful to all of the families that came to the park and to all of those that have raised the funds for the nursery garden.

It was particularly wonderful to see some of our children from the past. It is lovely to see them growing into such responsible young adults.

It was also a great way to celebrate our 9<sup>th</sup> birthday together.

### **Sunshine Room**

The children will be going to Oxleas Woods next week. They have started working on the fairy tales Little Red Riding Hood, The Gingerbread Man, 3 Little Pigs and Goldilocks and the Three Bears. The children will be acting out the stories in the woods and collecting natural materials to work with.

A letter explaining all of the details will be sent out.

### **Treetops Room**

Thank you very much to all parents that have sent photographs of the children and their homes. The children are very excited about seeing their homes and families which is prompting lots of lovely language and conversations.

If you have not sent in your photos either by book bag or email please do so. The children are very happy to share them with each other.

### **Rainbow Room**

The babies have been on lots of trips to the park collecting natural materials to use in their artwork. Conkers in paint has been a big hit! 'Helicopters' (sycamore seeds) are great fun to play with and look lovely in the children's art.



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### **Winter Coats**

As the weather is so changeable please do ensure that your child wears warm clothes to nursery, particularly a winter coat. The children go into the garden or to the park whatever the weather and do need to 'wrap-up' warm. Thank you.

### **Front Door**

Please could you check that the front door is closed behind you when you enter or leave the nursery?

The door does not automatically close itself and does now need to be pulled behind you.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff