



The Nursery on the Green

'Friday Flyer'

Friday 25th October 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, with wholemeal toast choice of spreads
Mid-morning snack	Rice cakes and cream cheese and fruit	Fresh fruit and raisins	Fresh fruit and melba toast	Melba toast and fresh fruit	Breadsticks and hummous
Lunch	Chicken and roasted vegetable pasta with garlic bread Fresh fruit and yoghurt	Homemade lamb burgers with sweet potato wedges and vegetables Semolina and fruit puree	Vegetable paella Peaches and custard	Spaghetti bolognaise with vegetables Fresh fruit crumble and custard	Homemade fishcakes, new potatoes and sweetcorn or corn on the cob Fresh fruit and yoghurt
Vegetarian option	Roasted vegetable pasta	Bean and vegetable burgers	same	Jacket potatoes with cheese and beans	Stuffed mushroom with mashed potato and vegetables
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Fish fingers with bread and butter with tomatoes, cucumber and cheese.	Filled pitta bread with egg mayonnaise , cheese with tomatoes, cucumber and cheese.	Sandwiches with tomatoes, cucumber and cheese.	Wraps filled with cheese, tuna mayonnaise with tomatoes, cucumber and cheese.	Cheese on toast with tomatoes, cucumber and cheese.



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Sunshine Room

The children have been enjoying learning about fairy tales and have been retelling them through pictures and making their own versions of the story. Please could your child bring in a shoe box for a particular activity that they will be doing?

Thank you.

Treetops Room

The children will be doing lots of wonderful cooking next week. If you have a recipe that your child particularly enjoys please do pop a quick note into your child's book bag.

Thank you.

Rainbow Room

The babies will be visiting the sensory room, cooking and doing lots of sensory activities. They have been exploring leaves listening to the sounds and feeling the textures.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff