



The Nursery on the Green

'Friday Flyer'

Friday 1st November 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, with wholemeal toast choice of spreads
Mid-morning snack	Fresh fruit and melba toast	Rice cakes and fruit	Fresh fruit and melba toast	Rice cakes and fruit	Breadsticks and fruit
Lunch	Chicken curry with rice and vegetables. Naan bread Banana and custard	Spaghetti bolognaise with vegetables Fruity sponge	Cottage pie Fresh fruit and yoghurt	Chilli con carne with rice and vegetables Pears and custard	Fish pie topped with mashed potato, vegetables. Semolina
Vegetarian option	Vegetable curry with rice	Vegetable pasta	Jacket potatoes with cheese and beans	Vegetable and lentil casserole	Stuffed mushroom with mashed potato and vegetables
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Sandwiches with a variety of fillings with tomatoes, cucumber and cheese.	Filled pitta bread with tuna mayonnaise, cheese with tomatoes, cucumber and cheese.	Sandwiches	Bagels with cream cheese with tomatoes, cucumber and cheese.	Homemade vegetable soup with crusty bread



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Fireworks

All of the children will be very creative in the nursery making firework models, pictures and even music! There will be dance and movement in the Sunshine Room, exploding pictures in the Treetops Room and edible fireworks in the Rainbow Room! Do look out for the photographs!

Nursery Clothes

If you have any clothes that belong to the nursery please could you return them, particularly baby room clothes? We are in need of socks and leggings. Thank you.

Sunshine Room

Please could you send your child to nursery with a shoe box? They will be doing a particular activity and will need a shoe box of any size. Thank you.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff