



The Nursery on the Green

'Friday Flyer'

Friday 8th November 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, with wholemeal toast choice of spreads
Mid-morning snack	Fresh fruit and melba toast	Rice cakes and fruit	Fresh fruit and melba toast	Rice cakes and fruit	Breadsticks and fruit
Lunch	Roasted vegetable pasta Semolina	Roast chicken with vegetables and mashed potatoes Apple pie and custard	Lamb mousaka with broccoli and carrots Fresh fruit and yoghurt	Homemade chicken goujons with sweet potato wedges carrots and sweetcorn Fruit crumble and custard	Beef curry with rice, broccoli and carrots Banana and custard
Vegetarian option	Vegetable pasta	Jacket potatoes with cheese and beans	Vegetable mousaka with red lentils	Vegetable and bean burgers with sweet potato wedges and sweetcorn	Stuffed pepper
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Sandwiches with a variety of fillings with tomatoes, cucumber and cheese.	Filled pitta bread with tuna mayonnaise , cheese with tomatoes, cucumber and cheese.	Sandwiches with a variety of fillings with tomatoes, cucumber and cheese.	Baps with a variety of fillings with tomatoes, cucumber and cheese.	Sandwiches with a variety of fillings with tomatoes, cucumber and cheese.



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Christmas Cards

The children will be designing a set of Christmas Cards which we will print for you to purchase in packs of five. The cards will be displayed in the hallway from Monday 25th November. You may order your own child's and others if you also like their designs. They will be ready in time to send overseas and delight members of your family.

Please do keep a close eye on the display board in the hallway for regular updates.

Sunshine Room

The children continue to enjoy their project on traditional tales and are able to retell the stories and discuss the characters. Do speak to your child about Jack and the Beanstalk, Little Red Riding Hood or the Three Little Pigs.

They also have an excellent knowledge of the letters s,a,t,p,i and n. Do practice these at home as well.

Treetops Room

The children have been developing a new 'African Plain cosy corner'. They have made a beautiful sunset, animals and silhouettes using a range of materials. Do go and visit with your child.

Rainbow Room

The children will be exploring a range of fruits to experience new taste sensations. Look out for the photographs.

We hope you all have a lovely weekend.

Kind regards

Sarah, Anneli and all the staff