



The Nursery on the Green

'Friday Flyer'

Friday 15th November 2013

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, toasted crumpets with choice of spreads	Choice of wholegrain cereal, toasted fruit bread with choice of spreads
Mid-morning snack	Fresh fruit, Oat biscuits	Fresh fruit and breadsticks	Banana and melon fingers	Melba toast and fresh fruit	Breadsticks and hummous
Lunch	Beef stew with crusty bread Fresh fruit and yoghurt	Chicken tagliatelli with carrots and broccoli Banana and custard	Vegetable, spinach and chickpea curry with rice Natural yoghurt and stewed apple	Homemade fish sticks, mashed potatoes with broccoli and carrots semolina	Cottage pie with carrots and broccoli Fruit crumble and custard
Vegetarian option	Bean stew and crusty bread	Vegetable tagliatelli	same	Stuffed mushroom with mached potato and vegetables	Quorn pie with mashed potato and vegetables
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Muffins with a variety of fillings, tomatoes, cucumber and cheese.	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Cheese on toast	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.	Sandwiches with a variety of fillings, tomatoes, cucumber and cheese.



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Christmas Cards

The children have been enjoying designing a set of their own Christmas Cards for you to purchase from the nursery.

They will be displayed in the hall for you to view from next week. Please complete the form to let us know how many packs you would like.

The children have made four designs. You will need to decide which design you would like printed twice to make up the pack of five cards.

Please indicate on the form which card you would like repeated.
We hope that you like them!

We hope you all have a lovely weekend.
Kind regards
Sarah, Anneli and all the staff