



The Nursery on the Green

'Friday Flyer'

Friday 18th September 2009

Menu for the forthcoming week:

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Sausages and quorn sausages with jacket potatoes and organic vegetables. Fruit pie and custard.	Spaghetti bolognese with organic vegetables. Fruit crumble and custard.	Fish pie with salmon and cod topped with mashed potatoes and organic vegetables. Jelly and fresh fruit.	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Roast dinner – roast chicken, roast potatoes, Yorkshire pudding with organic vegetables. Jam tart and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Nursery Art Gallery

We are setting up an art gallery of work that the children in pre-school have done with Dilys, our art specialist. This will mean that all parents and visitors are able to enjoy looking at the fantastic artwork that the children are producing.

Waterproof Coats

As the weather is so unpredictable please send your child/children into nursery with a named raincoat every time that they come to nursery. You are very welcome to bring a waterproof coat into nursery and leave it on their peg if you prefer.

Babies and children new to nursery.

We have been delighted to welcome some new children to nursery. Some are brothers and sisters of children already at nursery, and there are also some new faces. We hope that you will feel part of the nursery community quickly.

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.