



# The Nursery on the Green

## 'Friday Flyer'

Friday 25th September 2009

Menu for the forthcoming week:

Week one (of the four week rotating menu) – sorry last week was incorrectly posted as week one and it was week four.

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
<b>Lunch</b>	Spaghetti bolognese with organic vegetables. Fruit crumble and custard	. Fish pie with salmon and cod topped with mashed potatoes and organic vegetables. Jelly and fresh fruit.	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt	Organic sausages with mashed potatoes, and vegetables. Organic yogurt and fresh fruit.	Roast dinner – roast chicken, roast potatoes, Yorkshire pudding with organic vegetables. Jam tart and custard.
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

### Harvest Festival

The nursery will be celebrating harvest festival over the next two weeks. We will be collecting donations of food (non perishable goods please) from next week, and these will be taken by the children in Sunshine Room to the local residential care home in Greenwich.

They meet the old folk, sing some songs and give the harvest gifts from the nursery. If you would like to contribute, please leave your donations on the little red table in the hallway.



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### **Church Visit**

As part of their work on harvest, the children in the Sunshine Room will also be visiting the church to see the preparations for harvest there, and to listen to some harvest stories. Parents/carers of the children involved in this visit will receive a letter with a permission slip this week. If there are any parents who would like to accompany the children on the trip please let Anneli, Lynne or Hayley know.

### **Babysitting and visiting social networking internet sites.**

We are aware that some staff have been approached to babysit by parents for children in the nursery, and some staff are communicating with parents using social networking sites.

It is the nursery policy to keep all relationships on a professional level in order to safeguard the children at all times.

We respectfully request that you do not approach our staff for babysitting services, or through the internet. If you would like further information please speak to either Sarah or Anneli.

### **Waterproof Coats**

As the weather is so unpredictable please send your child/children into nursery with a named raincoat every time that they come to nursery. You are very welcome to bring a waterproof coat into nursery and leave it on their peg if you prefer.

### **Treetop's Work**

The children in the Treetops room have been thinking about expressions this week. They have had great fun making different faces and painting each other's faces!

Please ask your child to show you some of the different expressions that they have been learning.

### **Rainbow Room**

The babies in the Rainbow room enjoyed a lovely trip to the local sensory room. They were joined by some of their friends from the Sunshine Room who also thoroughly enjoyed the experience. Pictures of the visit will be up in the Rainbow room next week so please come and have a look at the fun that was had!

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.