



The Nursery on the Green

'Friday Flyer'

Friday 16th October 2009.

Menu for the forthcoming week:

Week four (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chilli con carne with rice and organic vegetables. Fruit crumble and custard.	Sausages with mashed potatoes, onion gravy and organic vegetables.	Fish with minted new potatoes and organic vegetables. Organic yoghurt with fresh fruit.	Tuna and sweetcorn pasta bake with cheese and French bread. Ice cream and strawberries	Beef stew with organic vegetables and potatoes. Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic baked beans on toast with cheese and tomatoes.	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Harvest Festival

Thank you to everyone who has donated food for the harvest festival.

If you would like to make a donation, please leave your gifts on the table in the entrance hallway. The food will be delivered to the sheltered housing accommodation in Greenwich on Wednesday 22nd October so there is still time to bring in a small donation.

Sunshine Room

The children in the Sunshine Room had a wonderful time at St Michael and All Angels Church this week. Thank you again to Sandy for making the morning so enjoyable. The children listened to a story about the creation and sang a song. They also made animal masks and talked about Harvest time. We look forward to visiting the church again this Christmas. The children are learning about autumn and have been to the park to collect autumn related objects. If you have anything at home that your child could share such as an photograph or a leaflet from a special visit please do bring it to nursery.



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Warm Clothes

The Autumnal weather has now arrived and the children have great fun running in the wind in the garden or park. Please make sure that your child always wears a **named** winter coat so that they can fully enjoy the experience. Thank you.

Prescribed Medicine

At the nursery we are now unable to administer Calpol. We are not allowed to keep Calpol on the premises. If a child is unwell and continues to be unwell even after we have administered Calpol it may be difficult for medical staff to give a true diagnosis of the problem. We will however continue to give prescribed medicines. We will also give Paracetamol prescribed by a doctor. If you need further advice or information about this please do speak to Anneli, Sarah or Lynne.

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.