



The Nursery on the Green

'Friday Flyer'

Friday 23rd October 2009.

Menu for the forthcoming week:

Week one (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Sausages and quorn sausages with jacket potatoes and organic vegetables. Fruit pie and custard.	Spaghetti bolognese with organic vegetables. Fruit crumble and custard.	Fish pie with salmon and cod topped with mashed potatoes and organic vegetables. Jelly and fresh fruit.	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Roast dinner – roast chicken, roast potatoes, Yorkshire pudding with organic vegetables. Jam tart and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic baked beans on toast with cheese and tomatoes.	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Nursery meals and a new nursery cook

Our nursery cook Rose, has sadly decided to retire at the end of this term (after Christmas).

We are currently advertising and will be appointing a new cook in good time so that they can work alongside Rose before she leaves and learn 'the ropes' from her.

We thought that this would be a good opportunity to ask for some feedback from you concerning the nursery menus and mealtimes. We have started a new 'thread' on the discussion board and would be very interested to hear your comments and any recipes that you would like to share with us.

Please let us know what you think – and we will trial and include new recipes in our revamped menus for the New Year.

If you would like to look at our nutrition policy please do not hesitate to ask.



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Name Labels

We have recently agreed a fundraising deal with My Name Label for supplying sticky and iron on name labels. If you are in need of labels for your child at nursery (or older children, or relatives, or neighbours!), please visit www.mynamelabel.co.uk and order your labels as normal. When you are going through the checkout please enter our fundraising code, which is 94aa63b3. This means that the Nursery will receive 15% of the value of your order, at no extra cost to you. There is a poster showing the different types of labels, as well as brochures with more information and the fundraising code, on the noticeboard outside the kitchen. Many thanks!

Warm Clothes

The Autumnal weather has now arrived and the children have great fun running in the wind in the garden or park. Please make sure that your child always wears a **named** winter coat so that they can fully enjoy the experience.

There are several children wearing very similar winter shoes. Please would you also make sure that you name your child's shoes? The name labels above can be stuck into shoes as well as clothes.

The Nursery World Record!

We are delighted to confirm that the record set by the Nursery on the Green now appears in the latest edition of the Guinness World Records! Please have a look and see our record set in August 2008 for the 'Most people dressed as sunflowers' – we had a wonderful time setting the record!

Autumn Party

On Thursday 5th November we will be holding a whole nursery Autumn/firework Party! The nursery day will be devoted to a wide variety of activities to celebrate this time of year and we would like the children to come dressed in autumnal colours or bright 'firework' colours on this day.

Prescribed Medicine

At the nursery we are now unable to administer Calpol. We are not allowed to keep Calpol on the premises. If a child is unwell and continues to be unwell even after we have administered Calpol it may be difficult for medical staff to give a true diagnosis of the problem. We will however continue to give prescribed medicines. We will also give Paracetamol prescribed by a doctor. If you need further advice or information about this please do speak to Anneli, Sarah or Lynne.

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.