



The Nursery on the Green

'Friday Flyer'

Friday 30th October 2009.

Menu for the forthcoming week:

Week two (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic baked beans on toast with cheese and tomatoes.	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Autumn Party

On Thursday 5th November we will be holding a whole nursery Autumn/firework Party! The nursery day will be devoted to a wide variety of activities to celebrate this time of year and we would like the children to come dressed in autumnal colours or bright 'firework' colours on this day.

We will provide food as usual throughout the day.
We only ask you to provide an autumnal costume.

Sunshine Room

The Mobile Library visited the nursery this week and the children in the Sunshine Room were able to choose their own books and listen to a story read by the Librarian. The children enjoy



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the visit from the Library very much especially sharing the book that they chose with the rest of the group.

Treetops Room

The children have been admiring the diggers across the road all week and will be visiting them this Friday. This will be a very exciting outing for the children and is a wonderful opportunity for them to get close to the diggers at work.

Rainbow Room

The babies visited Sutcliffe Park and fed the swans this week and were very excited to see the birds diving for fish. Photographs will be displayed soon.

They will be also visiting the library to take part in the rhyme time session.

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.