



# The Nursery on the Green

## 'Friday Flyer'

Friday 13th November 2009.

Menu for the forthcoming week:

Week four (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
<b>Lunch</b>	Chilli con carne with rice and organic vegetables. Fruit crumble and custard.	Sausages with mashed potatoes, onion gravy and organic vegetables.	Fish with minted new potatoes and organic vegetables. Organic yoghurt with fresh fruit.	Tuna and sweetcorn pasta bake with cheese and French bread. Ice cream and strawberries	Beef stew with organic vegetables and potatoes. Fruit pie and custard.
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

### Children in Need – come to Nursery in your pyjamas!

On Friday 20<sup>th</sup> November we will be supporting Children in Need by coming to nursery dressed in our pyjamas!

If your child would like to take part and dress up too we are asking for a voluntary donation of at least £2.

The children will also be cooking 'red nose' and 'teddy' biscuits on this day for sale at the end of the day.

Please send your child to nursery wearing 'outside shoes' no slippers!! However, it will be wonderful to see all the children joining together to support such a worthy cause.



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### **Red Books!**

### **We still have lots of treasure boxes to give out!**

If your child is in the Sunshine Room (pre-school) and has not yet claimed their 'treasure box' of books from Surestart, please bring your 'red book' to nursery as soon as possible. There are several more treasure boxes waiting for good homes!

### **The Discussion Forum**

Thank you to those who have commented about the menu's on the nursery discussion forum. If you have anything to add or any recipe's to share please use the link on the website to access the forum.

### **Sunshine Room outing**

As part of their interest in the local environment, children in the Sunshine Room were shown around the building site and were able to view the scale models of the houses to be build opposite the nursery this week.

They were very excited and loved getting up close to the action!

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.