



The Nursery on the Green

'Friday Flyer'

Friday 29nd January 2010

**Menu for the forthcoming week:
Week Four (of the four week rotating menu)**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chilli con carne with rice and organic vegetables. Fruit crumble and custard.	Sausages with mashed potatoes, onion gravy and organic vegetables.	Fish with minted new potatoes and organic vegetables. Organic yoghurt with fresh fruit.	Tuna and pasta bake with organic vegetables, Fresh fruit and yogurt.	Beef stew with organic vegetables and potatoes. Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Chicken Pox

We have had several suspected cases of chicken pox in the Treetops Room at the Nursery yesterday (Thursday) and today.

If you suspect that your child has caught Chicken Pox at nursery please take them to your GP for confirmation and telephone the nursery. Children are contagious until their spots scab over which is generally five days from the onset of the rash. If you would like any further information please speak to Sarah, Anneli, Kathryn or Lynne.

Ceramics and pottery teacher

The children in the Sunshine Room have thoroughly enjoyed working with ceramics teacher Helen Watson today. They have been looking in books to find creatures to model from clay, and mounting them onto backing to make clay tiles – they look wonderful!



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We are very pleased to welcome Helen to nursery and look forward to her working with the pre-school children to develop their creative skills in this way.

Treetops Room

The children in the Treetops Room had a great time at their pirate party this week! They dressed as pirates, sang pirate songs and ate pirate food!! Please look out for the photos of the party which will be displayed in the classroom next week.

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.