



The Nursery on the Green

'Friday Flyer'

Friday 5th February 2010

Menu for the forthcoming week:

Week one (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Sausages and quorn sausages with jacket potatoes and organic vegetables. Fruit pie and custard.	Spaghetti bolognaise with organic vegetables. Fruit crumble and custard.	Fish pie with salmon and cod topped with mashed potatoes and organic vegetables. Jelly and fresh fruit.	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Roast dinner – roast chicken, roast potatoes, Yorkshire pudding with organic vegetables. Jam tart and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Sunshine Room outing to the Horniman Museum

The children in the Sunshine Room pre-school will be going to the Horniman Museum to look at the African Exhibition on Tuesday 9th February.

Chicken Pox

We have had no new cases of chicken pox since Tuesday, although the incubation period is 21 days so there may still be some new cases to come. We will keep you informed if this is the case.

We wish all the children who have had to stay at home with chicken pox well, and we look forward to seeing the back to nursery next week!



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Rainbow Room to Rhyme Time

The babies in the Rainbow Room are thoroughly enjoying their visits to Rhyme Time on a Friday morning. They enjoy singing and dancing and playing the percussion instruments and are always excited when they return to nursery afterwards!

We will put some pictures of their outings on the website when the new pictures are put up.

Ceramics and pottery teacher

The children in the Sunshine Room have thoroughly enjoyed working with ceramics teacher Helen Watson today. They have been looking in books to find creatures to model from clay, and mounting them onto backing to make clay tiles – they look wonderful!

We are very pleased to welcome Helen to nursery and look forward to her working with the pre-school children to develop their creative skills in this way.

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.