



The Nursery on the Green

'Friday Flyer'

Friday 12th February 2010

Menu for the forthcoming week:
Week two (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Sunshine Room outing to the Horniman Museum

The children had a fantastic time at the Horniman Museum. They thoroughly enjoyed looking at the African exhibition and also their packed lunches and the ride on the bus!

Shapes in Pre-school!

The children in the Sunshine Room (pre-school) are starting a new mini-project on shapes. They will be looking at squares next week. Please would you look help your child to find something square shaped and to bring it into nursery next week to share with the group?



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Spare clothes

We have lost lots of the spare clothes that the nursery uses when children need an unexpected change of clothes. We are finding that they are not being returned when children take them home. Please would you look at home for any that your child has used and bring them back to the nursery? Thank you.

Happy Valentines Day! We hope that you enjoy the cards and gifts prepared by the children for you! Best wishes Sarah, Anneli and all the nursery staff.