



The Nursery on the Green

'Friday Flyer'

Friday 19th March 2010

**Menu for the forthcoming week:
Week Two (of the four week rotating menu)**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Oral Hygiene week

Thank you for sending your child in with a toothbrush this week. The children have looked forward to brushing their teeth after breakfast and lunch every day this week. Hopefully they have demonstrated to you how clever they have been. We would love to hear your comments about this week especially if you feel it has made a difference at home.

Achievement Cup

We are very pleased to announce that Issy T. in the Sunshine Room was awarded the Achievement Cup this month. She is a very kind and helpful girl and all of the staff agreed that she deserves this award. Well done Issy!



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Treetops Room

Please could the children bring in a bear for a Teddy Bears Picnic on Tuesday 23rd March and Thursday 25th March. The children admired the bears in the Sunshine room so much and made it very clear that they would like a picnic of their own.

Parents evening

Please do not forget to sign up for a time to meet with your child's room leader on **Monday 29th March**. The lists are outside each room with lots of times available.

Easter

All the children are busy making Easter cards and will be having an Easter egg hunt in the garden next week. There will also be an Easter bonnet parade which is always very good fun.

Easter break

The nursery is closed from Friday 2nd April (Good Friday) to Tuesday 13th April (open on this day) for the Easter break.

Nursery clothes

Please return any nursery clothes that you may have at home. We have very few clothes left in the nursery and **no boys trousers**.

Best wishes Sarah, Anneli and all the nursery staff.