



The Nursery on the Green

'Friday Flyer'

Friday 16th April 2010

**Menu for the forthcoming week:
Week Three (of the four week rotating menu)**

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudité's of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudité's of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudité's of cucumber, cheese and tomatoes. Small cakes

Welcome back!

Garden Fun

As the weather is finally showing signs of improving, the children choose to spend more time in the garden. The staff will now apply sun cream to keep the children's skin safe. Please could you provide your child with a tube of named sun cream as we are not allowed to use 'one pot for all'.

Please could you also continue to bring your child in with a warm coat as the weather is still very changeable.



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Sunshine Room

The children have started a new topic of farming and will be visiting a working farm to meet the farmer and animals and find out how a farm operates. More details will follow next week.

Treetops Room

The children will be learning about mini beasts and looking very carefully in our garden and the local area to see what they can find.

Rainbow Room

Welcome to Gianna who has started at the nursery this week and settled very well.

Best wishes Sarah, Anneli and all the nursery staff.