



The Nursery on the Green

'Friday Flyer'

Friday 8th October 2010

Menu for the forthcoming week Week Two (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Rainbow Room

The babies would like to welcome Zaine to our nursery. He joins a group of lovely babies and will have lots of fun. They have been enjoying music, singing and trying very hard to take their first steps, and are getting to know each other very quickly

The Animal Man

Today we say goodbye to Jasper (Sunshine Room) and Arun (Treetops Room) and wish them and their family a wonderful time in South Africa where they will live for six months.

To mark their leaving their mummy and daddy arranged for a very special visit from 'The Animal Man' this week. He arrived at nursery for a wonderful show which included owls, snakes, and tarantulas to name but a few! All the children in the nursery were spellbound as they had the opportunity to hold and touch all the



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creatures. Pictures will be on the gallery on the website soon, and we would like to thank the family for arranging such a special event at nursery.

Have a great adventure, and we look forward to welcoming you back to nursery in six months!

Sunshine room

The children in the Sunshine Room are learning about families as their mini-topic.

Please could the children bring in any photo's of their families next week to share with the class. All photos will be returned.

Bumps and bruises

If your child has bumped their head at home or had an accident which has resulted in a bruise please would you make sure that you tell a member of staff when you drop your child to nursery in the morning. **This is particularly important if they have had a bump or bang to the head.**

A year of Friday Flyers!!

We have been producing the Friday flyer for a year now and have been really pleased with the positive comments from parents/carers about the way that it helps people keep in touch with the nursery community.

We do welcome all your comments so please let us know if there is anything that you would like us to add or change etc.

Thank you for your support.
Best wishes Sarah, Anneli and all the nursery staff.