



The Nursery on the Green

'Friday Flyer'

Friday 15th October 2010

Menu for the forthcoming week Week Three (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Warm coats

Please would you make sure that your child has a warm coat when they come to nursery? The children have the opportunity to play outside in all weathers (we have our own waterproofs for them) and there are children who are still coming to nursery in very lightweight coats.

The history of the Nursery on The Green

In the summer we had a visit from a family who used to live in the nursery building when they were children (in the 1950's). The family have now emigrated to Perth, Australia and were visiting their mother in England.

The family were able to tell us that the house was built in 1705, and has been a tavern (which Dick Turpin reputedly used to frequent), a Chinese laundry and a café/sweet shop in its life!

The family were also able to let us have a picture of the house in around 1900. As you will see it is remarkable similar to the nursery today! We were all very interested in the information that the family sent to us. If you would like to know any more details please let us know and we will give you a copy of the notes.



The Nursery on the Green

'Friday Flyer'

Treetops Room

The children in Treetops have made some lovely creative work including environmental collages and foam painting, which is ready on display for you to see.

Treetops are also developing their home corner and would really appreciate some family photos to go on our home corner board, so the children can tell their friends about their family.

Bumps and bruises

If your child has bumped their head at home or had an accident which has resulted in a bruise please would you make sure that you tell a member of staff when you drop your child to nursery in the morning. **This is particularly important if they have had a bump or bang to the head.**

Thank you for your support.
Best wishes Sarah, Anneli and all the nursery staff.

