



The Nursery on the Green

'Friday Flyer'

Friday 22nd October 2010

Menu for the forthcoming week:
Week four (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chilli con carne with rice and organic vegetables. Fruit crumble and custard.	Sausages with mashed potatoes, onion gravy and organic vegetables.	Fish with minted new potatoes and organic vegetables. Organic yoghurt with fresh fruit.	Tuna and pasta bake with organic vegetables, Fresh fruit and yogurt.	Beef stew with organic vegetables and potatoes. Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Cold Weather

Now the temperature has dropped dramatically please make sure your child wears appropriate clothing for the garden and trips out. They will now need a warm winter coat, hat, gloves and shoes (not sandals). It is very important that the children go into the garden throughout the day and need to feel comfortable while they are playing.

Sunshine Room

The children have been talking a lot about what they want to be when they 'grow-up'. To support them in their interests they will be going on lots of trips out to places such as the supermarket, beauty salon and Eltham Palace.

If your child expresses a particular desire for a future career or, if you have an interesting job which you would like to share with the children please do speak to Anneli or Lynne.



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Treetops Room

The children have been thinking carefully about looking after and helping others and have now started to look after a bear they have named 'Teddy'. The children will take Teddy home and write in his diary about his adventures that week. This week he will be celebrating Bobby's second birthday at his home and having fun at his party. Happy Birthday Bobby!

We would like to welcome Maya to the nursery.

Rainbow Room

The children have been developing their sensory and creative skills and working with a special 'felt' to make spiders webs. It involves using soap and water onto dry felt creating a completely new texture.

WOW!! Moments

In your child's book bags you will find a sheet of A4 paper with WOW!! written on plus a sheet of examples. These can be used very successfully to celebrate your child's achievements at home and support them in their learning at nursery. When your child achieves something new or wonderful you can fill in a wow moment with your child and put it in their book bag. The teaching staff will then read it and discuss it with all of the children in the room and use the information to support their planning that day or the following week. It is another method of communication between home and nursery and would allow all parents an opportunity to inform the teachers planning and get even more involved in their child's learning. Extra copies of Wow moments are attached to the email or do speak to a member of staff.

Best wishes from Sarah, Anneli and all the nursery staff.