



The Nursery on the Green

'Friday Flyer'

Friday 29th October 2010

Menu for the forthcoming week:
Week four (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Beef stew with organic vegetables and potatoes. Fruit pie and custard	Chicken and mushroom pie, organic vegetables. Fresh fruit crumble and custard.	Jacket potatoes with a variety of fillings, organic vegetables. Fresh fruit and yogurt.	Tuna and pasta bake with organic vegetables, Fresh fruit and yogurt.	Special Divali menu – To be confirmed!
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

Welcome back Caroline!

We are very pleased to welcome Caroline back to nursery following her maternity leave.



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Caroline has been at the nursery from the day it opened, and has been on maternity leave for nine months following the arrival of her little son, Sam.

Caroline will be working in the Rainbow (baby) Room and will be spending the first few weeks getting to know the new babies and their parents/carers.

Divali is coming!

The Nursery will be celebrating the festival of **Divali** all next week, with a particular focus on the festival on Friday.

Meenal (Akhil's mummy) is very kindly coming to nursery on Friday to decorate henna patterns on the hands of any child who would like to be decorated. We will also be learning about the Hindu story of Rama and Sita and Sikh story of Divali, making Diva lamps, rangoli patterns and cooking Indian food!

The patterns will stay on your child's hands and then gradually fade away over a few days. **If you do not want your child to participate in the henna painting activity please let a member of staff know before Friday 5th November.**

We will be taking lots of photographs during the week which will be displayed in the nursery and on the website.

If you would like to help us to celebrate the festival please speak to either Sarah or Anneli. In particular if you could cook any Indian dishes for the children to try, or give us a recipe that would be much appreciated. The children will enjoy a special 'Divali lunch' on Friday.

'Wow!' moments

Thank you to the parents who have already shared some of their child's 'Wow moments!' at home with us. They have been very useful.

We are going to scan in another sheet which will be easier for parents/carers to use. Please keep sending them in!

Spare clothes

We have been getting though a very large number of nursery clothes. If your child has come home in nursery clothes following a little 'accident' please would you send them back to nursery?

Also, if you have any spare pants or tracksuit trousers that you would be happy to donate, they would be very much appreciated.



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Cold Weather

Now the temperature has dropped dramatically please make sure your child wears appropriate clothing for the garden and trips out. They will now need a warm winter coat, hat, gloves and shoes (not sandals). It is very important that the children go into the garden throughout the day and need to feel comfortable while they are playing.

Sunshine Room

The children have been talking a lot about what they want to be when they 'grow-up'. To support them in their interests they will be going on lots of trips out to places such as the supermarket, beauty salon and Eltham Palace.

If your child expresses a particular desire for a future career or, if you have an interesting job which you would like to share with the children please do speak to Anneli or Lynne.

Best wishes from Sarah, Anneli and all the nursery staff.