



The Nursery on the Green

'Friday Flyer'

Friday 5th November 2010

Menu for the forthcoming week
Week One (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Fish pie with salmon and cod topped with mashed potatoes and organic vegetables. Fruit pie and custard.	Spaghetti bolognaise with organic vegetables. Fruit crumble and custard.	Sausages and quorn sausages with jacket potatoes and organic vegetables. Jelly and fresh fruit.	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Roast dinner – roast chicken, roast potatoes, Yorkshire pudding with organic vegetables. Jam tart and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes



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Diwali

Thank you very much to Suhaana's Nanny and Granddad, Akhil's Mummy and Rehan's Mummy for coming into nursery to talk about Diwali. We learnt about the celebration for Sikh's and Hindu's, ate lots of delicious food and painted our hands with Henna. It was a very interesting afternoon.

Bonfire Night

The children in the Sunshine Room have also been learning about Guy Fawkes and Bonfire Night. They had great fun watching the sparklers in the dark and got very excited about the fireworks that they were going to watch.

Staff Changes

Now that Caroline is back and working in our Rainbow Room with the babies, Hayley will now move to our Pre-school room to work alongside Anneli and Lynne. Hayley worked in the Sunshine Room when she started at the nursery and is looking forward to returning and working with the oldest children.

Phoenix Cards

You may have noticed a basket of greetings cards and giftwrap in the front hall, and wondered what it was all about? One of the nursery mums, Kate Sparrow, runs a Phoenix business and has offered to give the nursery a donation of 15% on each sale of cards from the basket, or on orders from the brochure. The cards are great quality and fantastic value, so please do have a look through the box if you need a last minute card or two! Help yourself to a brochure if you would like to see the full range and spend a bit more time on your order. N.B: Prices go up in January, so now would be a great time to stock up for next year! Thank you.

Treetops

The staff in the toddler room is collecting the small, net, washing bags for a sensory display they are making with the children. If you have any spare they would be very grateful for the donation. They would also like any sort of brushes or pots if you also have any spare.

Thank you.

Happy Diwali

We hope you all enjoy the fireworks this weekend.
Best wishes Sarah, Anneli and all the nursery staff.