



# The Nursery on the Green

## 'Friday Flyer'

Friday 26th November 2010

### Menu for the forthcoming week Week Four (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
<b>Lunch</b>	Lasagne with organic vegetables Fruit pie and custard.	Chicken pie with potatoes and organic vegetables. Jelly or yogurt and fresh fruit.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Fish pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

### Parents Evening

Thank you to all the parents who attended last night's Parents Evening. Hopefully you found it to be a pleasant and informative evening and had the opportunity to meet other Parents and Staff. We always welcome your feedback and felt the evening was a success.

### Christmas

We now have 4 weeks until Christmas so the children will be involved in lots of Christmas activities. There will be trips to see Santa, visits to the theatre, lots of creative activities and a special Christmas lunch cooked by our wonderful cook Rose. Do speak to a member of staff in your child's room to find out what is happening and keep reading the Friday Flyer for weekly updates.

### Hanukkah

The children will be starting to learn about Hanukkah from next week. If anyone has any resources or artefacts that the children could look at please do let us know or, speak to Sam in the Treetops Room who is our Festivals Co-ordinator.



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### **Sunshine Room**

The children will be learning about The Nativity and making their own books to retell the story.

Vicky (Eva, Lucy and Issy's mum) will be visiting the Sunshine Room next week to talk about her very interesting job as a midwife. We look forward to her visit and are very grateful for her support.

If any other parents feel that their job is interesting or exciting and they would like to tell the children about it please do speak to Anneli, Lynne or Hayley or email the nursery.

### **Treetops Room**

If anyone has spare clothes aged between 2-3 years we would be very grateful for a donation as our stocks are running low once again.

Thank you for your support.

Best wishes Sarah, Anneli and all the nursery staff.