



The Nursery on the Green

'Friday Flyer'

Friday 14th January 2011

Menu for the forthcoming week Week three (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Chicken curry with organic vegetables. Home made jelly with fresh fruit	Lasagne with organic vegetables. Fruit crumble and custard.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

New Child

We would like to welcome Isabella to our baby room. She will be starting nursery after her settling days next week and we are very pleased to welcome her to nursery

Sunshine Room visit to the market

The children in the Sunshine Room (pre-school) thoroughly enjoyed their visit to Lewisham market to look at different kinds of fruit and vegetables this week. They bought a wide range back to nursery and have enjoyed tasting them and cooking with them. They also loved the bus ride to and from the nursery!



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Wet weather clothes

Please send your child into nursery with a raincoat even if it is mild weather as the children play outside in all weathers. We do have our own waterproof trousers which the children wear, but they also need to have named wellies in nursery please as they love to jump in puddles and their shoes are getting very wet!

Illness

Before Christmas lots of children were coming to nursery with very high temperatures and obvious flu like illnesses. Because we are working with very small children, germs spread extremely quickly and can be very problematic for our more vulnerable children. Therefore if your child has had a high temperature in the night and requires 'Calpol' to keep their temperature down please think very carefully before bringing them to nursery the next day. We have a responsibility to all of our children and will not give 'Calpol' as a matter of course, but will instead send them home if we think this is the best treatment for that child. The decision to send any child home is only ever made by Anneli or Sarah. If you have any questions about this matter please speak to Anneli or Sarah who will be able to answer your queries.
Thank you.

Nursery Closures

The nursery breaks up for Easter on Friday the 15th April. There is also an extra Bank Holiday this year due to the Royal Wedding.

Monday 18th April - Monday 25th April (closed)
Friday 29th April (closed)
Monday 2nd May (closed)
Monday 30th May (closed)
Monday 22nd August – Friday 2nd September (closed)
Monday 26th December – Monday 2nd January 2012 (closed)

Happy New Year to you all.
Best wishes Sarah, Anneli and all the nursery staff.