



The Nursery on the Green

'Friday Flyer'

Friday 26th June 2009

Menu for the forthcoming week:

Week four (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads.
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Fish with minted new potatoes and organic vegetables. Organic yoghurt with fresh fruit.	Chilli con carne with rice and organic vegetables. Fruit crumble and custard.	Sausages with mashed potato and onion gravy and organic vegetables. Home made jelly with fresh fruit	Tuna pasta bake and French bread served with organic vegetables. Ice cream and strawberries	Beef stew with organic vegetables and Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes

This has been a very exciting week at the nursery!

Whole nursery picnic in Sutcliffe park

All the children in the nursery are going to have a great time in Sutcliffe Park this lunch time. They will play games, have fun in the children's play park and watch the wildlife on the pond. They will make their own sandwich from a choice of fillings and decorate their plate.

It is a great opportunity for all of the children to play together and look after each other.

We shall update the website with photographs of the trips very soon.



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Garden News

The children enjoyed a wonderful summer fruit pudding which they made using the berries growing in the garden. If you would like the recipe please speak to Lynne.

Summer Fun

To keep our children safe in the sun this summer please could you supply sun-cream and a **named** hat to keep at the nursery.

We try to provide lots of shade for the children and have purchased umbrellas for the sand pit and put up fabric in various part of the garden.

Medication

Please note that we do not have Calpol in the nursery for general use. If you think your child will need any sort of pain relief you need to supply it for that day.

Discussion forum/message board

<http://www.thenurseryonthegreen.co.uk/discussionboard.php>

Thank you to everyone who is registering for the forum.

Please join in the discussions and let us know what you think and any ideas that you might have!

We value your comments and suggestions about the development of the nursery, and the discussion forum is a great opportunity to gain these from you!

Wishing you a lovely weekend from Sarah, Anneli all the nursery staff.