



The Nursery on the Green

'Friday Flyer'

Friday 25th March 2011

Menu for the forthcoming week
Week Three (of the four week rotating menu)

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Choice of wholegrain cereal, wholemeal toast with choice of spreads
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Lasagne with organic vegetables Fruit pie and custard.	Chicken and mushroom pie topped with puff pastry and served with new potatoes and vegetables. Mousse and fruit.	Jacket potatoes filled with a variety of vegetarian and non vegetarian toppings with organic vegetables. Organic yoghurt/ice-cream and fresh fruit	Tuna and sweet corn pasta bake with French bread. Fresh fruit and yoghurt.	Salmon and cod fish pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes. Small cakes



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Sun hats and suncream

Now that spring is (hopefully) here and the sun is shining, the children will be need sun screen applied and to be wearing sun hats in the garden. We do have a 'sun safe' policy in nursery, and if you would like to see the policy please speak to Sarah or Anneli.

Please make sure that your child has a bottle of sun screen in nursery and a named sun hat.

Please apply sun screen to your child in the morning before they come to nursery and we will reapply throughout the day.

Maps!

The children in the Sunshine Room are very interested in looking at maps. If you have any old, unwanted maps at home that you would be able to let us have for the children to look at we would be very grateful.

Seeds!

The children in the Sunshine Room are turning their role play area into a garden centre! If you have any spare seeds, or flower pots that you would be able to let the children use they would be most welcome.

Sunshine Room

The children have enjoyed their weekly Spanish lesson with Libya and due to her energetic and fun teaching they are now able to say many words including colour and number names to 15!

We hope that you are enjoying the letter bags that are being sent home. You may not receive a new bag straight away as the other letters may not have been returned. However, your child should get a new bag once a week. Do ask for one if you have not received yours.

Best wishes Sarah, Anneli and all the nursery staff.