



# The Nursery on the Green

## 'Friday Flyer'

Friday 16<sup>th</sup> September 2011

### New menu

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Hot Porridge with fruit compote. Choice of wholegrain cereal and toast.	Mini sausages and organic baked beans. Choice of wholegrain cereal and toast.	Choice of wholegrain cereal, wholemeal toast with choice of spreads
<b>Mid-morning snack</b>	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
<b>Lunch</b>	Fresh salmon and Pollock pie topped with mashed potato and fresh vegetables.	Lasagne with organic vegetables. Fruit crumble and custard.	Vegetable curry, channa marsalla and rice. Lemon sponge and custard.	Gumbo chicken, fresh vegetables and roasted new potatoes. Organic yogurt.	Shepherds pie topped with mashed potato, with organic vegetables. Home made Fruit pie and custard.
<b>Mid-afternoon snack</b>	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
<b>Tea</b>	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	Cheese scones with salad vegetables.	Organic cheese on toast with tomatoes and cucumber. Sweet dessert.	Fresh home made minted pea and spinach soup and crusty bread.



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### New Menu's

We are continuing to trial a range of new menus with our new cook Tina who is job sharing with Rose.

This week the children tried spicy pork meatballs in tomato sauce with vegetable couscous (which they really enjoyed), lavender shortbread, fresh fruit trifle. The children are certainly becoming more adventurous in their tastes at nursery – we hope that this is encouraging them to try new foods at home too.

Thank you to the parents who have commented on the new menus.

### Oral hygiene week

**We are going to have an oral hygiene week this forthcoming week at nursery. Please send your child into nursery with their named toothbrush.**

You are welcome to bring toothpaste into nursery with your child, but we will also be providing toothpaste here.

We will be talking about teeth and the importance of brushing twice a day, and helping the children to learn the correct technique for effective brushing. We will be encouraging the children in Treetops and the Sunshine Room to brush their own teeth although we will brush the babies' teeth for them.

### Welcome to the new children

We are very pleased to welcome two new children – Isla and Celia - and their families to nursery this week:

We hope you feel part of the nursery community soon.

### Contact books

We are monitoring the usefulness of the contact books that come home with the children each day. The staff put a great deal of time and effort into writing an individual and detailed report each day that the children come into nursery.

**Please could you acknowledge that you have read the information in the contact book by ticking it so that we can gauge whether parents find the information valuable?**

A comment about the report, or any information about your child's evening or weekend is also much appreciated as this helps to inform the individual planning that we do for each child. If there is not a comment or tick in your child's contact book we will assume that you do not find the information useful and will adjust the level of information that we give you. Many thanks.



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### Naming shoes, coats and hats!

Please make sure that the outer garments that your child brings to nursery are named. As the weather turns colder children bring more clothes to nursery and often they are very similar. It is also vital that shoes are named as several children in the same group often have very similar shoes which are different sizes.

If these get mixed up children could have accidents with ill fitting shoes that could be very dangerous.

Thank you very much.

Wishing you all a very nice weekend,  
Kind regards  
Sarah, Anneli and all the staff