



The Nursery on the Green

'Friday Flyer'

Friday 21st October 2011

New menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|---|--|---|---|---|
| Breakfast | Choice of wholegrain cereal, wholemeal toast with choice of spreads. | Choice of wholegrain cereal, wholemeal toast with choice of spreads | Scrambled eggs and mushrooms on wholemeal muffins. Choice of wholegrain cereal and toast. | Bacon and tomato sandwiches. Choice of wholegrain cereal and toast. | Choice of wholegrain cereal, wholemeal toast with choice of spreads |
| Mid-morning snack | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc |
| Lunch | Chicken and mushroom pie with potatoes and organic vegetables. Fruit pie and custard. | Spaghetti bolognaise with organic vegetables. Fruit mousse and jelly with fresh fruit. | Southern coated chicken fillets (home made) with potato wedges and mixed beans. Lime and chocolate torte. | Lamb koftas in a tomato sauce served with vegetable couscous and Bombay potatoes. Berry trifle. | Fresh cod fishcakes with organic vegetables. Fresh fruit crumble and custard. |
| Mid-afternoon snack | Selection of fruit | Selection of fruit | Selection of fruit | Selection of fruit | Selection of fruit |
| Tea | Organic baked beans on toast with cheese and tomatoes. | A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes | Mini pita's with a variety of fillings including egg mayonnaise and tuna and sweetcorn. | Organic cheese on toast with tomatoes and cucumber. Sweet dessert. | Fresh home made carrot and coriander soup with French bread. |



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Hand foot and mouth

There has been one confirmed case of hand, foot and mouth in nursery. This is a mild virus which can include blisters on the inside of a child's mouth and on the palms or their hands and soles of their feet. The child in question is in the Treetops Room and is no longer contagious. If you would like any further information please do not hesitate to speak to Anneli, Sarah or Kathryn.

Nursery opening hours.

The nursery hours are from 8am – 6pm. Although the staff are in nursery from 7.30am we use this time to set up the rooms for the day, have meetings and generally get the nursery ready for the children.

Please would you make sure that you wait until 8am before knocking on the nursery door when dropping your children?
Many thanks

Welcome to the new children

We are very pleased to welcome Woody and his family to nursery this week: He has settled into nursery life very well.

We hope that you feel part of the nursery community soon.

New Dosing guidelines for Calpol

For your information there are revised dosing instructions on 'new style' bottles of Calpol. These include a separate dosage for children under six months, and from six to twenty four months.

Naming shoes, coats and hats!

Please make sure that the outer garments that your child brings to nursery are named. As the weather turns colder children bring more clothes to nursery and often they are very similar. It is also vital that shoes are named as several children in the same group often have very similar shoes which are different sizes. If these get mixed up children could have accidents with ill fitting shoes that could be very dangerous.
Thank you very much.

Wishing you all a very nice weekend,
Kind regards
Sarah, Anneli and all the staff