



The Nursery on the Green

'Friday Flyer'

Friday 28th October 2011

New menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|--|---|---|--|---|
| Breakfast | Choice of wholegrain cereal, wholemeal toast with choice of spreads. | Choice of wholegrain cereal, wholemeal toast with choice of spreads | Hot Porridge with fruit compote. Choice of wholegrain cereal and toast. | Scrambled egg on wholemeal muffins. Choice of wholegrain cereal and toast. | Choice of wholegrain cereal, wholemeal toast with choice of spreads |
| Mid-morning snack | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc | Selection of fruit, breadsticks, rice cakes etc |
| Lunch | Vegetable curry and rice. Coconut sponge tart with custard. | Chicken and mushroom pie with organic vegetable. Mousse with fresh fruit. | Lamb hot pot with herby dumplings and mixed organic vegetables. Lemon cheesecake | Savoury minced beef cobbler and cauliflower cheese. Apple strudel | Shepherd pie with organic vegetables. Fresh fruit and yogurt. |
| Mid-afternoon snack | Selection of fruit | Selection of fruit | Selection of fruit | Selection of fruit | Selection of fruit |
| Tea | Organic baked beans on toast with cheese and tomatoes. | A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes | Homemade tuna and sweetcorn pizza and margarita pizza | Filled wholemeal baps. | Fresh home made carrot and coriander soup with French bread. |



The Nursery on the Green

'Friday Flyer'

Children in need

On Friday 18th March, we will be supporting children in need. We would like all the children to dress-up as a character from their favourite book. Please could you donate a small amount for this wonderful cause.

Treetops

The children have been very creative working with our artist Hanna making clay spiders and felt spider webs. They have enjoyed working with the different textures and developing all of their senses.

Bonfire Night

The children will be making a range of firework art around the nursery. The Sunshine Room will be learning about Guy Fawkes and dancing with sparklers. If you have any cardboard tubes, ribbon or wool we would be very grateful for the donation.

Road Safety

Next week all of the children will be learning about road safety. They will be doing lots of role play in the garden and discussing the importance of keeping safe. Please do follow this up at home by talking to your children while out walking.

Spare Clothes

If you have any spare clothes that belong to the nursery or clothes that you no longer need, we would be very grateful to have them in nursery. The Rainbow Room particularly need little trousers for their children.

Wishing you all a very nice weekend,
Kind regards
Sarah, Anneli and all the staff