



The Nursery on the Green

'Friday Flyer'

Friday 3rd February 2012

New menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Choice of wholegrain cereal, wholemeal toast with choice of spreads.	Choice of wholegrain cereal, wholemeal toast with choice of spreads	Scrambled eggs on muffins Choice of wholegrain cereal and toast.	Grilled bacon with bagels. Choice of wholegrain cereals.	Yogurt and fruit with a choice of cereals and toast.
Mid-morning snack	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc	Selection of fruit, breadsticks, rice cakes etc
Lunch	Salmon and cod pie topped with mashed potato and organic vegetables. Jam tart and custard.	Lasagne with organic vegetables. Mousse with strawberries.	Chicken hot pot served with sweet potato mash and mixed beans. Chocolate lime torte.	Tuna and pasta bake with sweetcorn and French bread. Organic	Chicken roast dinner with potatoes and Yorkshire pudding and vegetables. Fruit crumble and custard.
Mid-afternoon snack	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit	Selection of fruit
Tea	Organic baked beans on toast with cheese and tomatoes.	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes	Tomato soup with French bread.	Little pizza's topped with a variety of fillings. Sandwiches and salad vegetables	A selection of filled sandwiches with crudités of cucumber, cheese and tomatoes

Nursery sickness procedure.

We have a very strict illness policy at the nursery. This is to safeguard all of our children and to prevent the staff also becoming unwell.



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If your child has had a temperature in the night or has been sent home from nursery the previous day, please do not bring your child into nursery for 24 hours after their temperature has returned completely to normal.

If your child does become ill throughout the day we will ring you and expect them to be collected immediately to prevent the spread of infection.

It is not acceptable to give your child calpol in the morning and send them to nursery as they are still spreading germs amongst everyone else in the nursery.

Some children are stronger than others and can appear to be acting 'normally' even though they have a high temperature. They are still fighting infection. Some of our children are not as strong and the germs can cause far more serious effect upon them.

Outside play

We continue to offer our children outside play in all weathers. It is a very important part of their learning and development.

We do have waterproofs for everyone at nursery but please would you make sure that **you send in a named warm winter hat and gloves or mittens as we want to make sure all our children stay warm during the current very cold weather.**

We cannot guarantee to have extra hats, gloves and scarves at nursery to ensure that every child is properly dressed for the outside and comfortable in the garden. There are some children who are still coming to nursery without these items.

Spanish lessons

We have a new Spanish teacher for the children in Sunshine Room (pre-school) in the nursery. The children thoroughly enjoyed their Spanish lesson, learning new songs and rhymes in Spanish.

Rainbow Room and Sunhine Room

Children from the Rainbow and Sunshine Rooms had a wonderful time at the sensory room in the nearby children centre. They loved exploring the water bed, bubble tubes, and fibre optic lights.

We look forward to regularly using the sensory room in the future.

Best wishes for a very nice weekend (and possible some snowman making!)

Kind regards

Sarah, Anneli and all the staff